



SMART

MOUNTAIN GUIDES

[Heli Assisted Mont Blanc Ski Descent Equipment List](#)

This is a list of the recommended clothing and equipment you will need if you are coming on one of our Heli Assisted Mont Blanc Ski Descents.

Equipment provided by Smart Mountain Guides

- Avalanche transceiver – we provide and recommend the Backcountry Access Tracker avalanche transceivers or the Barryvox Pulse
- Avalanche shovel
- Avalanche probe
- Climbing harness and 2 locking carabiners
- Backpack – a 25-35 liter pack will work best. It must be able to carry a shovel, probe and some extra clothing layers, have attachment points to carry your skis and not be too big, heavy or bulky to ski with.

If you have any of these items then you are welcome to bring them with you and use them during the camp as long as they are in good working order.

Ski Equipment

For this trip you will need a set of skis suitable for ski touring with a ski touring binding on them, you will also need ski touring boots.

- Skis – suitable for ski touring, not too light but not too heavy either!
- Ski Boots – suitable for ski touring with a Vibram sole and a walk mode.
- Poles - adjustable poles are nice.
- Ski skins and ski crampons – you will need to have skins that fit your skis and a set of ski crampons that fit your bindings.
- Boot crampons – you will need a lightweight pair of boot crampons fitted to your ski touring boots.
- Ice axe – a light ski touring axe is ideal that can fit in or onto the back of your backpack.
- Goggles - at least 2 pairs, it also nice to have dark and light lenses.
- Sunglasses

Clothing

You will need to have some warm clothing for the summit, we suggest you bring a good down jacket as it can be cold and windy at 4000m.

- Hardshell Jacket - lightweight, waterproof with a storm hood.
- Hardshell Pants - lightweight, waterproof.
- Midweight Jacket - softshell or DriClime for warm weather.
- Down Jacket - down or synthetic insulated jacket (not too bulky).
- Fleece top - lightweight fleece top (Windstopper fleece is not recommended)
- Long underwear top.

- Long underwear bottoms or fleece tights (it is good to keep your legs warm to avoid knee injuries).
- Ski socks.
- Ski helmet – we recommend the use of a helmet on all our ski trips.
- Warm ski hat and a cap or sunhat for hot weather.
- Neck gaiter or Buff.
- Gloves - at least 2 pairs, 1 warm and waterproof, the other thin for warmer weather.
- Comfortable clothing for town.

Other Important Items

- Passport.
- Credit Card & Cash - Visa and MasterCard are accepted in many places, but you will need Euros for some of the smaller restaurants and bars. You will get a better exchange rate for cash if you get it from the ATM's in Europe than from a bank teller. Also, it is customary to purchase lunch for your guide, so factor that in.
- Electric plug adapters and/or transformers - be sure to double check the voltage and Hz before plugging things in.
- Travel insurance - highly recommended, because we cannot offer refunds.
- Personal health insurance.

Hiring Ski Equipment and other items

If you need to hire skis and boots in Chamonix as well as ski touring kit (skis with ski touring bindings, boots, ski skins, ski crampons) and boot crampons, ice axe then we can help you arrange this in advance, we work with a couple of excellent shops who stock a wide range of downhill and ski touring equipment for off-piste and freeride skiing. Please get in touch with our office to discuss your requirements as we can reserve items in advance of your arrival.

If you have any questions or are uncertain about anything then please [contact us](#).